

KINGS COUNTY BEHAVIORAL HEALTH ADVISORY BOARD



Joe Neves, Chair
Debbie Allen, Board Member
Sanja Bugay, Board Member
Jean Scanlan, Board Member
Vacant, Board Member

Scott Holwell, Vice Chair
Michael Dey, Board Member
Michelle Allen, Board Member
Keith Fagundes, Board Member
Gregory Blevins, Board Member

Ken Baird, Board Member
Gloria Rede, Board Member
Robert O'Neill, Board Member

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MEETING MINUTES

January 27, 2020

12:00 p.m.

Kings County Behavioral Health
460 Kings County Dr., Suite 101
Hanford, CA 93230
Hope Conference Room

Call to Order & Welcome @ 12:02 pm

Board Members Present:

Michelle Allen, Ken Baird, Greg Blevins, Michael Dey, Louis Torch OBO Keith Fagundes, Scott Holwell, Joe Neves, Robert O'Neill, Gloria Rede, Jean Scanlan

Members Absent: Debbie Allen, Sanja Bugay

Others Present: Lisa Lewis, Cristobal Hernandez, Fil Leanos, Katie Arnst, Carlos Garcia, Chris Coffey, Scott Hollander, Seng Leang Tang, Kevin Mattos, Juliana Gmur, Lisa Rogers, Colleen Overholt, Codi Hicke, Renee Canal, Matthew Boyett

Review & Modification to Agenda

None.

Opportunity for Public Comment

None.

Consent Calendar

2020-1-001 Approval of Minutes: October 28, 2019

Michelle made a motion to accept the minutes and Michael seconded.

**CONSENT CALENDAR APPROVED AS PRESENTED (MA/GB/MD/LT/SH/JN/RO/GR-Aye;
Ken and Jean abstained.)**

Action Items

2020-1-002 New Officers

The Nomination Committee presented their nomination of Joe Neves as Chairman and Scott Holwell as Vice Chairman as officers for the term 2020-2021. No other nominations were made. Ken made a motion to accept the nominations and Michelle seconded. All were in favor.

2020-1-003 Cultural Competency Plan Approval

Katie Arnst of Kings County Behavioral Health presented on the 2020 Cultural Competency Plan Annual Update. Ken made a motion to accept the Plan Update and Michael seconded. All were in favor.

Informational Agenda Items

Memberships

Joe Neves noted that Michelle's membership has been renewed for a new term.

DRAW Program

Fil Leanos of Behavioral Health noted that the community planning process was taking place for the Mental Health Services Act (MHSA) 3 Year Plan Annual Update for 2020-2023. The DRAW program comes under the Prevention and Suicide Prevention category in the plan, Depression Reduction and Achieving Wellness. He shared the history of the DRAW program, which began in 2013. Seng Leang Tang-Hignojoz presented on the program, which is a campus-linked prevention and early intervention program, which addresses the initial onset of mental health problems and issues amongst students that are post-high school. She noted that the program helps reduce stigma among students as well as faculty and staff.

Staff Report

- In October, Behavioral Health (BH) had its annual EQRO evaluation.
- Nathan Lacle was promoted to Program Manager over the MOST telepsychiatric program as well as other outpatient services.
- Kings View has been moving to their temporary locations while BH works on the Kings View remodel.
- At the end of February, BH will have the Triennial Medi-Cal Review.
- In February, BH will be hosting the third weekend of the Dialogue Therapy Training.
- Dr. Lewis thanked Fil Leanos (BH) for all his work on the Mental Health Services Act (MHSA) 3-year Plan.
- Dr. Lewis thanked Katie Arnst (BH) for taking the lead with Maria Gonzalez on the Cultural Humility Taskforce and working on the 2020 Cultural Competency Plan.

Advisory Board Member Comments

- Ken noted that the Family Support Group met through the holidays. Some of the families experienced some significant events over the holidays. An ongoing conversation with family members: when they have a family member that's brought in under a 5150, at times they feel that their input is discounted and they feel that their children are released too early; or, when the crisis worker comes and they do a quick evaluation, they are sent home or back out on the streets. Scott from Veteran's Services noted that he has had similar discussions with community members.
- Dr. Lewis noted that BH has an Acute Care Coordination meeting that takes place at BH twice a week, for both children and adults. Representatives from the Kings View Crisis Team, ACT Team, MOST and others comes together to staff these high risk patients, the ones who have been in the emergency room or might show up there. Whenever there is a family member or someone who contacts you, they can call Stephanie Bealer @ BH and let her know what has happened. She can bring that up in those meetings and staff the case. You can also give the family member Dr. Lisa Rogers' phone number at Kings View.
- Ken noted some positive responses to the telepsychiatry services from the support group.
- The support group received a request from Fil Leanos (BH) regarding participating in a focus group for the 2020-2023 MHSA Plan and their group is looking forward to having Fil there at the next meeting.

Oak Wellness Center Update

- Gloria noted that the Oak Wellness Center has temporarily moved to the Anchors location. She feels it is a little small, but they are making it work. She noted they are still getting the same amount of people participating. They are having access issues with the kitchen, and BH will follow up on this. She noted some difficulty as they have three people who attend that use wheel chairs and it is challenging when they attend at the same time.

Future Agenda Items

- Minutes from January 27, 2020 Advisory Board Meeting
- Dr. Lewis discussed a new grant that the University of California Berkeley has with the National Institute on Health regarding sleep issues with those with severe and persistent mental illness, where they train in good sleep habits and the effects good sleep habits have on mental health. Will be bringing more information on this in the future. One of the researchers came out with the book, "Why we Sleep," which is recommended reading.
- Next meeting date: February 24, 2020

Concluded: 1:20pm