

BEFORE THE BOARD OF SUPERVISORS  
OF THE COUNTY OF KINGS, STATE OF CALIFORNIA

\*\*\*\*\*

IN THE MATTER OF RECOGNIZING  
MAY 2024 AS KINGS COUNTY MENTAL  
HEALTH AWARENESS AND MATERNAL  
MENTAL HEALTH MONTH /

RESOLUTION NO. 24-032

WHEREAS, mental health is an essential part of overall well-being, impacting individuals, families, and communities;

WHEREAS, despite its prevalence, mental health remains shrouded in stigma, preventing many from seeking help;

WHEREAS, the mental health of mothers is critical to the health and development of children, families, and communities;

WHEREAS, 1 in 8 women in the United States have displayed symptoms of postpartum depression after a recent live birth, and 1 in 3 pregnant women experience clinically significant symptoms of anxiety or depression during or after pregnancy;

WHEREAS, maternal mental health challenges continue to be missed or overlooked during women's prenatal and postpartum care;

WHEREAS, early intervention and access to quality care are crucial for managing mental health conditions and improving quality of life;

WHEREAS, each business, school, government agency, healthcare provider, organization, and citizen share the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

THEREFORE, IT IS HEREBY RESOLVED as follows:

1. The Kings County Board of Supervisors hereby proclaims May 2024 as Mental Health Awareness and Maternal Mental Health Month in Kings County; and
2. The Kings County Board of Supervisors calls upon the citizens, government agencies, public and private institutions, businesses, and schools in Kings County to increase awareness and understanding of mental health and the steps our citizens can take to promote their mental health.

The foregoing Resolution was adopted upon motion by Supervisor Fagundes, seconded by Supervisor Neves, at a regular meeting held on the 14<sup>th</sup> day of May, 2024, by the following vote:

AYES:	Supervisors	FAGUNDES, NEVES, VALLE, ROBINSON, VERBOON
NOES:	Supervisors	NONE
ABSENT:	Supervisors	NONE
ABSTAIN:	Supervisors	NONE



\_\_\_\_\_  
Doug Verboon, Chairman of the Board of Supervisors  
County of Kings, State of California

WITNESS my hand and seal of said Board of Supervisors this 14th day of May 2024.



\_\_\_\_\_  
Catherine Venturella, Clerk to the Board