

KINGS COUNTY BEHAVIORAL HEALTH ADVISORY BOARD



Codi Pennington, Chair
Greg Blevins, Board Member
Wendy Osikafo, Board Member
Vacant, Board Member
Vacant, Board Member

Ken Baird, Vice Chair
Joe Neves, Board Member
James Green-Hill, Board Member
Vacant, Board Member

Debra Allen, Board Member
Gloria Rede, Board Member
Amanda Martin, Board Member
Vacant, Board Member

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SPECIAL MEETING MINUTES

January 30, 2023
Kings County Behavioral Health
Zoom and In-Person Meeting

Call to Order & Welcome

Board Members Present:

Debra Allen, Ken Baird, Greg Blevins, James Green-Hill, Amanda Martin, Joe Neves, Wendy Osikafo, Codi Pennington, Gloria Rede

Members Absent: None

Others Present: Lisa Lewis, Katie Arnst, Alicia Austin-Townsend, Christi Lupkes, Susan Fisher, Antonio Lopez, Kelly Maestas, Stacey Claycamp, Renee Roselius, Ryan Campbell, Tony Afonso, Nanette Villarreal, Seng Leang Tang, Hilda Garcia, Frank Ruiz, Chris Coffey

Review & Modification to Agenda

None.

Opportunity for Public Comment

Stacey Claycamp noted that she was attending to receive more information that might assist her in helping her family member.

Ken Baird requested a future update on the Care Court and Laura's Law.

James Green-Hill shared successes in helping those with chemical dependency challenges.

Consent Calendar

2023-1-001 Approval of Minutes: October 24, 2022-Behavioral Health Advisory Board

Debra Allen made a motion to approve the consent calendar and Joe Neves seconded. **All were in favor.** (Ayes: DA/KB/GB/JG/AM/JN/WO/CP/GR)

Action Items

2023-1-002: 2022 Data Notebook

Christi Lupkes, Behavioral Health, presented on the final report of the 2022 Data Notebook. No changes were requested. Ken Baird made a motion to approve the report and Debra Allen seconded. **All were in favor.** (Ayes: DA/KB/AM/JN/WO/CP/GR; Greg and James left the meeting)

Informational Agenda Items

Memberships

The Chairman noted that Ken Baird's term on this board was renewed for another term. She also noted that Amanda Martin and Greg Blevins were resigning after this meeting.

The Chairman appointed Ken Baird, Debra Allen, Amanda Verhaege and Christi Lupkes to the Bylaws Committee to renew the Bylaws.

The Chairman appointed herself, Ken Baird, and Debra Allen to the Membership Committee.

Meeting Schedule and Locations

Christi Lupkes discussed the possibility of locating this advisory board meeting in our rural communities. Suggestions were made to have an outreach or join a community outreach in our rural communities where we might also have the advisory board meeting and possibly tour a site in the community. Members agreed it is important to show our rural communities that we care.

Children's System of Care Updates

Katie Arnst, Behavioral Health, noted the following:

- Shared statistics regarding children/youth receiving services at the Mental Health Systems/TURN Kind Center.
- Dr. Truta is a new Psychiatrist for children/youth who has been working in the MOST Suite since November.
- An RFP went out and California Health Collaborative was awarded to provide school-based services, which started in July.
- An RFP went out to use Mental Health Student Services Act funding for universal screenings for early intervention mental health and substance use disorder needs for children/youth.
- An RFP was awarded to provide the county's first community based Mobile Crisis Support Team.
- Eight clinicians at the Kind Center were recently trained in Eye Movement Desensitization and Reprocessing (EMDR) Therapy, which is an evidence-based therapy for those who have experienced trauma.
- The county will be providing Parent and Child Interactive Therapy services in the future.
- Treatment providers for children will be receiving Cognitive Behavioral Therapy training through UC Davis. with advanced training to come to be certified.

Staff Report

Dr. Lisa Lewis – Director of Behavioral Health

- New Building Updates:
 - The facility should be completed by May;
 - The Kind Center will be located on the lower level; and
 - Children's psychiatric services will be on the top floor
- Congratulations to Christi Lupkes as the new Deputy Director over Administrative Services.
- The External Quality Review Organization Audit and the Triennial Medi-Cal Audit have been completed.
- Discussed clinician staffing challenges in our county as it greatly impacts services.

Katie Arnst – Deputy Director – Clinical Services

- Welcomed Stephanie Corona as the Office Assistant for the Substance Use Disorder Unit.

Advisory Board Member Comments

- James discussed concerns with our local Board and Care facilities and the training they need. Discussion ensued about what a family member can do when they have concerns and connected with the Patient's Rights Advocate.
- Debra would like assistance with helping a family member and will talk to Katie Arnst about it.
- Ken Baird said the Family Support Group has had several people attend with crisis situations recently.

Oak Wellness Center Update

Debra noted the following events:

- A pool tournament is coming up,
- They had "The Olympics" where Leprino Foods came and brought food and prizes,
- They will be having a Valentines event,
- They are preparing for the Mental Health Awareness Walk in May
- Christi Lupkes noted that the EQRO report said that the Oak Wellness Center is doing a great job.

Future Agenda Items & Next Meeting

- Minutes from January 30, 2023, Special Advisory Board Meeting
- Next Meeting Date: February 27, 2023

Adjourned @ 1:45 p.m.