

COME AND JOIN THE CONVERSATION

# FAMILY MEMBER SUPPORT GROUP

HAVING A FAMILY MEMBER LIVING WITH MENTAL ILLNESS CAN BE HARD



**1 in 5**  
**Americans live**  
**with a mental illness**

**You're not alone.**  
**YOU DONT HAVE TO HAVE ALL THE ANSWERS**



460 Kings County Dr. Suite 101  
Hanford, California 93230

## Mental Health Family Member Support Group

Providing support to families and love ones of individuals of any age coping with a mental health illness.

Meetings first and third Tuesday of the month

Reception 5:30 p.m. – 6:00 p.m.

Meeting 6:00 p.m. – 7:30 p.m.

For more information: 559-852-2444



The group is safe and confidential.

Due to the nature of the group, we can only allow adults to participate. A lite meal is provided.