

Local Contact Information

- ❖ **Avenal Community Counseling Center**
(559) 386-2295
- ❖ **Central CA Legal Services - FRESNO OFFICE**
(559) 570-1200
- ❖ **Central CA Legal Services - VISALIA OFFICE**
(559) 733-8770 or (800) 350-3654
- ❖ **Corcoran Community Counseling Center**
(559) 992-2833
- ❖ **Hanford Outpatient Adult and Children Services**
(559) 582-4481
- ❖ **Hanford Police Department**
(559) 585-2540
- ❖ **Kings Community Action Organization**
24 Hour Crisis Line – 1-877-727-3225 or (559) 585-1018
- ❖ **Kings County Behavioral Health**
(559) 852-2444
- ❖ **Kings County District Attorney's Office; Sexual Assault / Domestic Violence/ VAWA Unit** (559) 852-2350 or (559) 309-4096
- ❖ **Kings County Sheriff's Office**
(559) 584-1431
- ❖ **Kings County Victim-Witness Center**
(559)852-2640
- ❖ **Kings View Crisis Services**
(559) 582-4484, (559) 582-4481, or 1-800-655-2553

Resource Guide: 10-steps to taking back your life

Understanding where to turn if you or someone you know is sexually assaulted.



What should I do if I am sexually assaulted?

- 1)** If the perpetrator is still in the area and it is safe to do so, get away immediately.
- 2)** If you cannot escape but it is safe to call 911 do so immediately.
- 3)** If the perpetrator is no longer present but you are injured and in need of medical attention, call 911 immediately. Even if you see no visible injuries it is still recommended you seek medical attention because you may be at risk for pregnancy or sexually transmitted diseases.

Avenal Police Department

317 Alpine St, Avenal, CA 93204
(559) 386-4444

Corcoran Police Department

832 Whitley Avenue, Corcoran, CA 93212
(559) 992-2151

Hanford Police Department

425 N Irwin St, Hanford, CA, US, 93230
(559) 585-2540

Kings County Sheriff's Office

1444 W. Lacey Blvd. Hanford, CA 93230
(559) 584-1431

Kings County District Attorney's Office

1400 W. Lacey Blvd. Hanford, CA 93230
(559)852-2969

- 10)** Even if you are using all of these resources discussed, do not hesitate to rely on national resources as well that can help supplement your local resources. The **Rape, Abuse, and Incest National Network (RAINN)** provides anonymous and confidential counseling and care over the phone as well as via the internet (<https://ohl.rainn.org/online/>). You can also use the website to find a directory to local services and resources, many of those covered in this guide. All of these services are completely free.

Rape, Abuse, and Incest National Network

National Sexual Assault Hotline - 1.800.656.HOPE

<http://www.rainn.org/>

Tulare County Family Services

Sexual Assault Hotline –

(559) 732-7273 or (559) 784-7273

Fresno County Rape Counseling Services

(559) 222-RAPE or (559) 497-2900

9) One of the most important steps you can take after a sexual assault is seeking counseling to help you cope with the trauma you may be experiencing. It is important to speak with a trained counselor so that you can get better in time. These services can also be utilized for your children and family members that may need counseling after the assault too. For crisis services please call **(559) 582-4484, (559) 582-4481, or 1-877-727-3225.**

Avenal Community Counseling Center

228 E. Kings Street, Suite F Avenal, CA 93204
(559) 386-2295

Corcoran Community Counseling Center

1021 Van Dorsten Corcoran, CA 93212
(559) 992-2833

Hanford Outpatient Adult and Children Services

1393 Bailey Drive Hanford, CA 93230
(559) 582-4481

Kings Community Action Organization

1130 N. 11th Ave., Hanford, CA 93230
24 Hour Crisis Line – 1-877-727-3225 or (559) 585-1018

Kings County Behavioral Health

450 Kings County Dr. Suite 104 Hanford, CA 93230
(559) 852-2444

4) A health care professional can perform a Sexual Assault Forensic Examination (SAFE) at your request. These exams can uncover evidence of the assault for the investigation.

*****Note:** If you wish to have a SAFE performed it is advised that you not bathe, wash your hands, brush your teeth, eat, or smoke between the assault and the exam so that you do not destroy valuable evidence. In most cases, if a sexual assault is reported under a week from the assault, an exam can still be utilized. To learn more about the exam call **1-877-727-3225.**

5) Even if not seriously injured, it is advised that you call 911 to notify law enforcement so they can come to your assistance. The **Kings County Victim-Witness Center** provides services to assist victims within the criminal justice process including compensation, restitution assistance, witness protection, restraining order assistance, and emergency aid. Also, the **Kings County District Attorney's Office** has a **Sexual Assault/ Domestic Violence/ Violence Against Women Act (VAWA) Unit** that can provide court support, transportation, assistance with Child Protective Services, family law and juvenile courts aid, victims' grants, and U-Visa's for undocumented immigrants.

Kings County Victim-Witness Center

1400 W. Lacey Blvd., Hanford, CA 93230
(559)852-2640

**Kings Co. District Attorney's Office - Sexual Assault Unit
Violence Against Women Act (VAWA)**

1400 W. Lacy Blvd., Hanford, CA. 93230
(559) 852-2969

6) If you are not comfortable at this point speaking to law enforcement consider calling the **Kings Community Action Organization (KCAO)** to speak to a Victim Advocate who can assist you with counseling, services, information, and confidential care in the aftermath of the sexual assault. A Victim Advocate is qualified to give you support and maintain your trust after you have been sexually assaulted.

Kings Community Action Organization

1130 N. 11th Ave., Hanford, CA 93230

24 Hour Crisis Line – 1-877-727-3225 or (559) 585-1018

7) Call a trusted friend or family member that you can confide in. Immediately following a sexual assault it is important to have support. Victim Advocates are experienced and educated to better assist you in the aftermath of the assault, but friends and family can be crucial to healing as well.

*****Note:** An Advocate is best suited to guide you through the aftermath of a sexual assault, but whether you utilize an advocate or not, you can still connect with other resources to help you.

8) If you are not a legal citizen of the U.S. you may be concerned at this point about your immigration status and what effect that will have on you. This is an understandable concern. By meeting with an immigration lawyer, you can be comforted and assured that legal services and law enforcement are more concerned with the victimization you endured than your immigration status. An immigration lawyer can also advise you on your legal rights and other legal options.

Central California Legal Services (CCLS)

FRESNO OFFICE

2115 Kern Street, Suite 1

Fresno, CA 93721

(559) 570-1200

VISALIA OFFICE

208 W. Main Street, Suite U-1

Visalia, CA 93291

(559) 733-8770 or (800) 350-3654

*****Note:** Legal advice can also be obtained through KCAO by speaking with a Legal Advocate at (559) 585-1018.